



College Code:- AYU0766

Himalaya Ayurvedic Medical College & Hospital

Permitted By:- (NCISM), Ministry of AYUSH, Govt. of India

Approved by : Health Department Govt. of Bihar

Affiliated to - Aryabhatta Knowledge University | Bihar University of Health Sciences

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Ref. HAMCH/34-2/25

Date 17/03/2025

Minutes of the Second Meeting Student Support and Career Guidance Cell

Date: 17/03/2025

Time: 03:00 P.M

Venue: Student Support and Career Guidance Cell Meeting Room, Himalaya Ayurvedic Medical College and Hospital

Agenda:

1. Review of the Action Plan Implementation
2. Feedback on Workshops and Counselling Sessions
3. Discussion on Additional Student Support Activities
4. Planning for Next Semester
5. Miscellaneous Points

Members Present:

- Dr. (Prof.) Pratima Shukla – Principal & Convener
- Dr. (Prof.) Ujwala Hake – Professor (Rog Nidanavum Vikrti Vigyan)
- Dr. Vivek Kumar Patel – Associate Professor (Dravyaguna Vigyan)
- Dr. Ajayghosh P – Assistant Professor (Ras Shastra & Bhasajya Kalpna)
- Mangalam Kumar – Student Representative (2024-25)
- Neha Singh – Student Representative (2024-25)
- Manoj Kumar Sinha – Parent-Teacher Association Representative
- Bhola Nath Jha – Parent-Teacher Association Representative
- Ms. Sweety Kumari – Part-time Counsellor

[Handwritten signatures and notes]
Pratima Shukla
Ujwala Hake
Vivek kr Patel
Mangalam Kumar
Neha Singh
Manoj Kumar Sinha
Bhola Nath Jha
Ms. Sweety Kumari

Proceedings:

1. Welcome Address:

Dr. (Prof.) Pratima Shukla welcomed all members and provided a brief summary of the activities conducted since the last meeting. The objective of the meeting was to assess progress and plan forward.

2. Review of Action Plan Implementation:

The members reviewed the action plan adopted in the first meeting. The following were noted:

- Two workshops were successfully conducted on career awareness and soft skills.
- Counselling sessions were held for students on a weekly basis.
- Feedback was collected from students regarding their support needs.

3. Feedback and Observations:

Ms. Sweety Kumari shared insights from her counselling sessions, emphasizing common concerns among students such as stress management, exam anxiety, and career confusion. Student representatives also shared positive feedback on the workshops and requested more interactive sessions.

4. New Initiatives Discussed:

The following suggestions and initiatives were proposed:

- Introduce peer mentoring programs.
- Organize guest lectures by successful alumni and industry professionals.
- Collaborate with external organizations for internship opportunities.
- Develop a digital portal for sharing career and academic resources.

5. Next Semester Planning:

The cell decided to schedule monthly activities, including:

- Two workshops on communication and interview skills.
- A career fair inviting various organizations and institutions.
- A mental health awareness campaign.
- Continued one-on-one counselling.

6. Infrastructure and Logistics:

It was decided that additional resources such as a projector, whiteboard, and career literature would be arranged for the Cell.

Resolutions Passed:

- Review of last semester's action plan marked as satisfactory.
 - New initiatives and monthly activity calendar approved.
 - Infrastructure enhancement approved.
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Vote of Thanks:

Dr. (Prof.) Pratima Shukla expressed her gratitude to all members for their continued enthusiasm and contributions to student welfare.

Next Meeting:

Tentatively scheduled for **15/06/2025**.

Vivek Kumar Patel

Recorded by:

Dr. Vivek Kumar Patel

(Associate Professor)

Approved by:

Dr. (Prof.) Pratima Shukla

Convener, Student Support and Career Guidance Cell
Himalaya Ayurvedic Medical College and Hospital

PRINCIPAL/MEDICAL SUPERINTENDENT

HIMALAYA AYURVEDIC MEDICAL COLLEGE
& HOSPITAL

CHIKSI, Paliganj, Patna (Bihar)

Pratima Shukla